



# The Power of Personality

Understanding why we do the things we do can be powerful on its own, but what if we learned how to observe others and better understand why *they* do the things *they* do?

When we do this, we have insight that can lead to teams that trust each other, meetings that matter, conflict that can be resolved, and goals that stick.



## WHO IS THIS FOR?

This 2-day workshop is ideal for leaders, high-potential employees, and work groups within your organization.



## WHAT PARTICIPANTS WILL LEARN

- Pre-work: Myers-Briggs Type Indicator (MBTI) Assessment
- Pre-work: MBTI Individual Debrief
- Day One: Understanding Personality
- Day One: Personality Type Deep Dive
- Day One: "Typewatching"
- Day Two: Time Management
- Day Two: Type Conflict
- Day Two: Goal-Setting
- Day Two: Team Types

